

# WORKING WITH EMPTINESS

DOLORES MOSQUERA AND NATALIA SEIJO



Working with emptiness in therapy is an opportunity to conceptualize the origin and the root of the deeper problem that often has not yet been identified.

If you need to learn how to work with the emptiness and identify compensatory behaviors (self harm, anxiety, food...) that patients use to fill up this void, this is your workshop.

## **Dolores Mosquera, M.S.**

*is the director of the Institute for the Study of Trauma and Personality Disorders (INTRA-TP), and has worked with EMDR for many years on cases related to severe traumatization. She is an EMDR Europe Trainer and Consultant, with extensive teaching experience internationally. She has published many books and articles on personality disorders, complex trauma and dissociation and is a recognized expert in the field*



**JUNE 14, 2019**  
**BOSTON 9:00 - 4:30 PM**

Organized by Lana Epstein. Contact information: [lane.epstein@gmail.com](mailto:lane.epstein@gmail.com)  
Located at: Scottish Rite Museum, 33 Marrett Road Lexington, MA 02421

## **Natalia Seijo, M.S.**

*is a psychologist specializing in Eating Disorders (Eds), psychosomatic disorders and c-PTSD. she is director of an Outpatient Clinic in Northern Spain. She is a Consultant and Facilitator for EMDR Europe, with extensive teaching experience internationally. Her publications in the field of Eating Disorders highlight the links between trauma, attachment and dissociation...*

